KENTUCKY TRACK AND CROSS-COUNTRY COACHES ASSOCIATION  
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ELEMENTARY STATE CHAMPIONSHIPS  
SATURDAY, MAY 18, 2019  
NORTH OLDHAM HIGH SCHOOL, GOSHEN, KY  
10:00 AM  
  
Events   
4x800 relay(12&Under only), 100, 1600, 4x100 Relay(8&Under, 10&Under, 12&Under), 400, 800, 200, 4x400 Relay(8&Under, 10&Under, 12&Under), long jump, shot put (6#)(9-10 & 11-12), shot put (2Kg, 8 & Under), Turbojav(300 grams)

Athletes will contest based on age divisions. Age divisions are 8 & Under, 9-10, and 11-12. Ages are based on age on December 31, 2019. In other words a ten year old whose birthday is in September will be competing with the 11-12 age group. Relays are based on 12 & Under, 10 & Under, and 8 & Under ages.

Entry fee: $60 per team (girls and boys are separate teams, one or thirty individuals is a team) Only one team per school. You may enter as many athletes as you want in each event. Coaches must be current 2018-2019 KTCCCA members. ($50 membership dues) (Applications on the KTCCCA website [www.ktccca.org](http://www.ktccca.org/)) Fill out the Google Membership form online. You will be email an invoice. Mail check to KTCCCA 1106 Sycamore St Falmouth, Ky 41040  
  
One individual will score per event, one relay team per age group per event, however, you can enter multiple entries in each event. Boys & girls are separate events.  
  
ATHLETES MUST REPRESENT THE SCHOOL THEY ATTEND. NO UNATTACHED RUNNERS. ATHLETES CANNOT RUN FOR A SCHOOL THEY DO NOT ATTEND.  
  
Limit of three events per athlete.  
  
Entry deadline May 15. Admission charge: $7.00 Pre-school free.  
Medals to the top three in each event in each age group. Team champion and runner-up trophies all age groups combined.  
  
Scoring will be 10-8-6-4-2-1 in each age group in each event.  
NOTE: This meet will not be affiliated with the Kentucky USATF Junior Olympics Meet. The Junior Olympics meet will be June 8 at Centre College. Also Bluegrass State Games will be contested at the University of Kentucky Saturday, July 27.  
All entries will be done online at <https://ky.milesplit.com/meets/334720> Coaches do not have to input performances. Milesplit will automatically input the athletes best reported performances.   
  
Mail entry fees to Frank Miklavcic 319 Erin Way Frankfort, Ky 40601 $25 late fee per team(boys and girls separate teams-That would be $85 for girls team, $85 for boys team for late entry or late entry fee) after May 15 (Late refers to entries AND fees.) Make checks payable to KTCCCA.  
  
List all athletes who could possibly compete by entering as alternates on the relays. Athletes added to a team roster on meet day will be charged $10.  
Athletes will wear bib numbers.  
Uniform Rule for Today: Relay teams must have similar jerseys.   
  
Frank Miklavcic fmiklavcic2@gmail.com   
  
502-875-2904 home 502-320-2264 cell