**East Jessamine-Camp Nelson Extravaganza**

**October 16, 2010**

East Jessamine would like to invite you to their first EJ-Camp Nelson Run in Jessamine, Ky. on October 16, 2010. This lovely course is filled with rolling hills and is very challenging. Camp Nelson is a great tune-up for Regional and State. Love to see you there!

**Race Schedule:**

8:00a.m. Open 5K $10/Adults $5/12-under

9:00a.m. Girls middle school 8th and under (3000 meters) $25/team $5/individual

9:30a.m. Boys middle school 8th and under (3000 meters) $25/team $5/individual

10:00a.m. High Girls Varsity (5000 meters) $35/team $8/individual

10:45a.m. High Boys Varsity (5000 meters) $35/team $8/individual

**Awards:**

Top 7 count toward scoring**.** Top 3 middle and high school teams receive trophies; individual trophies to runners 1-15; medals to runners 11-40

**Concession**: On site

**Directions:** Camp Nelson Heritage Park is located along US 27 about 20 miles south of Lexington, 6 miles south of Nicholasville on US 27, and 7.5 miles southeast of Wilmore along US 1268.  The park entrance is on the original Danville Road, adjacent to US 27, one mile north of the Camp Nelson National Cemetery.

 **Questions:** e-mail entries to Silvester Turner: silvester.turner@jessamine.kyschools.us ; phone # 494-2698 or John Howard: njcprparks@windstream.net