

Dixie Middle School Track and Field Invitational

Hosted by: Dixie Heights High School Boys/Girls Track

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| Date | Monday, April 18th, 2011 / Entries must be received by Friday, April 15th, 2011 |
| Time: | <ul style="list-style-type: none"> Field Events will start at 4:30pm. Running Events will start at 5:00pm. Track will be open for warm-ups after 3:00pm |
| Participation & Entry Limitations: | <ul style="list-style-type: none"> Each team can enter multiple teams \$50 per team(Boys and Girls count as two(2) teams, 4 individual entries per individual event with 2 scoring and 2 relays with one scoring. "A" Relay is the only scoring relay. Must supply a complete roster with entry. 12:00 noon, Sunday, April 17th, the day before the meet is the deadline for adding. No adding or substituting after 12:00 noon on April 17th. Only scratching will be allowed. Athlete can only be designated represent on team. |
| Rules: | <ul style="list-style-type: none"> All events are Timed Finals. Official Score will be recorded using Hy-Tek Meet Manager. National High School Federation rules Apply. Standard order of events. 3 Jumps/Throws in LJ/TJ/SP/DT HJ Starting Heights: Girls – 3' / Boys – 4'. NO Pole Vault, Triple Jump, 110Hurdles, 300 Hurdles or 3200m Run Parents of Dixie Heights may be officials, along with HS athletes may be working the meet. Will need Coaches to help with exchange zones |
| Timers: | Provided by Host Team. Coaches will cover exchange zones |
| Scoring: | Scoring through 8 places. Scoring – 10,8,6,5,4,3,2,1 |
| Meet Processing Fee: | Send entry fee check to: Coach Ed Cook, Dixie Heights Girls Track, 3010 Dixie Hwy., Edgewood KY. 41017 \$75 - Per Team (Boys/Girls are separate teams) / \$90 –Per Team if not entered using HY-TEK TM Manager/Lite. \$50 for each additional team. |
| Eligibility: | Athletes must represent the school they attend. |
| Awards: | <ul style="list-style-type: none"> Medals 1st thru 3rd / Ribbons 4th thru 8th. 1st Place and Runner-Up Male/Female Teams. Top Female/Male Competitor |
| Seeding: | Time Finals seeding. Please be accurate with your entry times. |
| Admission: | \$5 for adults and \$3 for students |
| Coaches meeting: | 20 minutes prior to the start of the meet. |
| For More Info: | Ed Cook Cell Phone #859-991-0433 / School # (859) 356-1502 / e-mail – ed.cook@Kenton.kyschools.us |
| Send Entries: | Entries can only be emailed: Coach Ed Cook, ed.cook@kenton.kyschools.us |
| Entry Deadline: | All entries must be received by Friday, April 15th , along with a complete roster file via email using Hy-Tek Team Manager/lite. Please call or email Ed Cook to confirm that your entries were received. |
| Psych/Results | The psych sheet and results will be posted on the listserv upon completion of the meet. |
| Order of Field Events | |
| Rd 1: Girls SP , Boys DT, Boys LJ, Girls HJ | Rd 2: Boys SP, Girls DT, Girls LJ, Boys HJ |

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Dixie Heights Middle School Meet Entry Summary Sheet

Entry Deadline – Friday, April 15th, 2011

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|-------------------------------|----------------------|
| Team: | |
| Team Contact: | |
| Day Phone #: | Alt. Phone #: |
| Coaches Email Address: | |

| Entry summary | # | Multiplied | Entry fee | Total |
|-------------------------|----------|-------------------|------------------|--------------|
| Men team | | X | \$75 | = |
| Women team | | X | \$75 | = |
| Additional Team | | X | \$50 | = |
| Hand Entries (Per Team) | | X | \$90 | = |
| Grand Totals | | | | |

Attach Check to this Summary Sheet.

Make Checks Payable to:
Dixie Height Track and Field

Mail to:
Coach Ed Cook
Dixie Heights High School
3010 Dixie Hwy
Edgewood, KY 41017