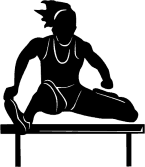
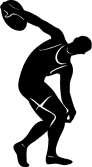
2011 Lincoln Relays Track Meet

Larue County High School



This year, the Lincoln Relays will feature the following events:  
DMR (1200-400-800-1600)  
SMR (100-100-200-400)  
400H  
1500m  
4x100  
300m  
800m  
5000m  
4x400  
Plus all field events, including pole vault.  
Also, new this year, we will have a pentathlon, consisting of LJ, Shot, HJ, 200m & 800m.  
  
We'll begin the meet at 10:00 AM Eastern Time.  
There will be **no entry fee**, and **unlimited entries** in all events (try to keep the 5K reasonable, to ensure good competition).

Coaches will be asked to help with timing and with field events.

Admission is $3, and we will have our world-famous concession stand working all day.

Send a Hy-Tek roster to [Jeremy.blair@larue.kyschools.us](mailto:Jeremy.blair@larue.kyschools.us) by Friday, March 18.