Somerset Christian Cougar Prowl Cross Country Invitational Saturday, October 6th 2012

Race Schedule:

10:00 AM Fun Run 2nd grade & under

10:15 AM Elementary 1.1 Mile (boys & girls 6th grade and under)

10:40 AM Girls & Boys Middle School 3K 11:10 AM Girls & Boys High School 5K

12:00 noon Awards

Scoring: Races will be scored first 3 runners on each team, tie breaker 4th run. Schools may enter unlimited runners but will only receive one team score. Each team will Score first 3 runners, lowest score will win.

The meet will be held on the GE Field Located at light 1 on US 27 in Somerset KY, across from Save a Lot. We have plenty of parking.

Awards:

High School Boys & Girls: Trophies to the top teams. Metals will be awarded to the top 5.

Middle School Boys & Girls: Trophies to the top teams and metals for the top 5 finishers.

Elementary Top Boy's & Girls team trophies, top 2 runners will receive medals.

Fun run ribbons to all runners, metal to first finisher.

Entry Fees:

High School \$25.00 per team (\$8.00 each boy & girl)

Middle School\$20.00 per team (\$6.00 each boy & girl)

Elementary \$20.00 per team (\$5.00 each boy & girl)

Fun Run \$3.00 per individual (no team score or times)

Concessions will also be available.

Entry to peggy.acey@ge.com

Make Checks payable to: SCS Cross Country

Coach Peggy Acey 606-875-8910