

ARMY/ROTC PATRIOT RELAYS

Friday, March 26, 2009

Hosted by Eastern Kentucky University's Army/ROTC

- When:** Friday March 27, 2009
- Where:** Eastern Kentucky University Track – Richmond, KY
- Time:** Track will open for warm-ups at 5:00.
Coaches meeting will begin at 5:00 p.m. at the finish line.
Field events and running events will begin at 5:30 p.m.
A rolling schedule will be followed.
- Facility:** A nine-lane, one year old Mondo surface 400-meter track with lights
A large bleacher area, concession stand, and water are available.
Tent area is very limited close to the track.
Portable toilets will be available but no dressing rooms or showers.
Parking is available in the front lot of Alumni Coliseum only. The parking lot adjacent to the track is for residents.
- Admission:** Non-contestants will be charged \$5 per adult and \$3 per student or child.
- Events:** All events will be contested.
- Entries:** \$ 60 Boys \$60 girls \$120 total if entering both a boys and girls team
* Enter a second team for \$20 boys & \$20 girls (Relays Only) – they will be eligible for individual awards, but no 2nd team score will be kept. Field events will have **THREE** attempts with no finals.
- Timing:** Hy-Tek and Finish Lynx. Please e-mail a complete Hy-Tek roster to **Mark Pressley: pressley2626@roadrunner.com** no later than Tuesday March 24rd at 11pm.
- Scoring:** 10, 8, 6, 4, 2, 1

This meet is intended to be one of the first outdoor meets of the season. The new Mondo Mondo's Super X track has been the world's top track for more than 30 years. Mondo's Super X track was used at the 2008 Olympic Games in Beijing.

All entries and checks should be sent to arrive by March 24, 2009. All we need is a HyTek roster of names (with grade and gender) of everyone that could possibly be competing that day for your team. Actual participants in each event will be entered at the meet. **Make checks out to Model Track and Field and please mail them to Mark Pressley, 360 Reynolds Dr. Richmond KY 40475.** If you have any questions please call me at: 859-536-8721 (cell).

Schedule of Events

Field Events – All Events are 3 Attempts, No Finals

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- Boys Shot Put (girls immediately following)
- Girls Discus (boys immediately following)
- Girls Long Jump (boys immediately following) (8 ft. board)
- Boys High Jump (girls immediately following)
- Combined Triple Jump after the conclusion of long jump
- Hurdles and field events will require two athletes to score as a team, with a maximum of two relays per event.

Running Events (all events are Girls followed by Boys)

- 4x800 Meter Relay
- 100/110 Meter Hurdles (top two for each team make a relay)
- 4x200 Meter Relay
- 4x100 Meter Relay
- Distance Medley Relay (800/400/1200/1600)
- 800 Meter Sprint Medley Relay (100/100/200/400)
- 4x400 Meter Relay

Team Awards - ceremony at the conclusion of the meet
Medals 1st 2nd and 3rd place. Ribbons 4th through 6th place in all events
Boys & Girls Winner and Runner-up Team trophies.

We hope to see you on the new Mondo surface track!!!!