**“SILVER GROVE”**

**CROSS COUNTRY INVITATIONAL**

**DATE:** **Thursday,** October **14, 2010** (Some coaches are holding out their top seven varsity runners for the NKAC meet at Scott on Saturday the 16th , so it might be a good chance for your second team runners to earn a medal).

**WHERE:** St. Anne’s Convent, Rt. 8 Silver Grove, Kentucky

**SCHEDULE OF RACES:**

**TIME RACE GRADE DISTANCE AWARDS ENTRY FEE**

 5:00 Open G & B JV M & F all ages 5000 meters Top 3 M & F $20 team - $5/ind

 Girls and Boys MS 8th and under 3000 meters Top 20 $20 team - $4/ind

 Girls & Boy’s Varsity 12th and under 5000 meters Top 30 $30 team - $6/ind

**Trophies to first and second place teams in middle school and high school races**

**DIRECTIONS TO SILVER GROVE CROSS COUNTRY COURSE**

**(ST ANNE’S CONVENT COURSE)**

From the north: Take Rt. 27 south from Big Mac bridge at I-471. Go about 1 mile to Rt. 1998 just past the **Disabled American Veteran National Headquarters**. Turn left on Rt. 1998. At the bottom of the hill turn right at the flashing light onto Rt. 8. Go about a mile to the light and go straight at the light for about a half mile. The course is on the right at St Anne’s Convent.

From the south: Take Rt. 27 north out of Harrison County to Cold Spring, KY. Continue north on Rt. 27 to Rt. 1998. Turn right onto Rt. 1998 just before the **Disabled American Veteran National Headquarters.** At the bottom of the hill turn right at the flashing light onto Rt. 8. Go about a mile to the light and go straight at the light for about a half mile. The course is on the right at St Anne’s Convent.

From the East: Take the AA highway out of Bracken County to Campbell County. Just after entering Campbell County turn right at the Marathon station and go 1 mile to Rt. 8. Turn left onto Rt. 8 and go about 15 miles to Melbourne KY. Just after passing the Quik Shop the course will be on the left at St Anne’s Convent.

From the west: (and Florence) Take I-275 East to Rt. 27 South. Get off on the right ramp. Take Rt. 27 south. Go about 1 mile to Rt. 1998 just past the **Disabled American Veteran National Headquarters**. Turn left on Rt. 1998. At the bottom of the hill turn right at the flashing light onto Rt. 8. Go about a mile to the light and go straight at the light for about a half mile. The course is on the right at St Anne’s Convent

For more information please call: Craig Chaplin **home:** (859) 781-9101 between 8:00 - 10:00 p.m. or (cell) 859 380-4760

Thanks for coming and we’ll see you on October 14th .

Craig Chaplin

**E-mail Hytek entries to David Clark at:**

**jedimasteremeritus@yahoo.com**

**“SILVER GROVE”**

**CROSS COUNTRY INVITATIONAL**

**TEAM AND INDIVIDUAL REGISTRATION FORM**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** high / middle / school will enter the following teams in the Silver Grove Cross Country Invitational:

Put the number of runners you will enter in each race

 # team cost

Open JV

Girls \_\_\_\_\_\_\_\_\_ $20/G or # individuals \_\_\_\_\_\_\_\_\_ X $5 = \_\_\_\_\_\_\_\_\_

Open JV

B**oys** \_\_\_\_\_\_\_\_\_ $20/B or # individuals \_\_\_\_\_\_\_\_\_ X $5 = \_\_\_\_\_\_\_\_\_

M.S. girls \_\_\_\_\_\_\_\_\_ $20 or # individuals \_\_\_\_\_\_\_\_\_ X $4 = \_\_\_\_\_\_\_\_\_

M.S. boys \_\_\_\_\_\_\_\_\_ $20 or # individuals \_\_\_\_\_\_\_\_\_ X $4 = \_\_\_\_\_\_\_\_\_

Varsity girls \_\_\_\_\_\_\_\_\_ $30 or # individuals \_\_\_\_\_\_\_\_\_ X $6 = \_\_\_\_\_\_\_\_\_

Varsity boys \_\_\_\_\_\_\_\_\_ $30 or # individuals \_\_\_\_\_\_\_\_\_ X $6 = \_\_\_\_\_\_\_\_\_

TOTALS \_\_\_\_\_\_\_\_\_ $ \_\_\_\_\_\_\_\_\_ $

**A CHECK FOR $ HAS BEEN ICLUDED\* No fee adjustments on race day**

**Coach’s Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ AD Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Please return this form with your check Payable to: ***“SILVER GROVE H. S. CROSS COUNTRY”***

and mail to: **Craig Chaplin**

 **309 Mary Ingles Highway**

 **Melbourne, KY 41059**

**DO NOT MAIL FORM TO SCHOOL**

**LIST ALL RUNNERS ON THE BACK OF THIS FORM WITH THEIR GRADE LEVEL**

**Additional entries on race day $8/runner.**

**E-mail Hytek entries to David Clark at**

**jedimasteremeritus@yahoo.com**

**“SILVER GROVE”**

**CROSS COUNTRY INVITATIONAL**

**INDIVIDUAL REGISTRATION FORM**

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**LIST ALL RUNNERS ON THIS FORM WITH THEIR GRADE LEVEL**

**You may assign your athletes to the race of your choice on race day as long as they do not run below grade level. Varsity limited to seven runners. All other races unlimited numbers**

**If you have extra runners above middle school age they may run in the open JV race.**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ High / Middle School**

**Girls’ Boys’**

**Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ H. ph \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ H. ph \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 **GIRL’S ROSTER GRADE BOY’S ROSTER GRADE**

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**LIST ADDITIONAL ENTRIES ON THE FRONT OF THIS FORM OR A SEPARATE SHEET OF PAPER**