

***Walton-Verona Cross Country Invitational***  
***Saturday, October 2, 2010***  
***@ Walton-Verona Athletic Complex***

Walton-Verona High School proudly extends this invitation to compete in what is sure to be one of the tri-state area's most anticipated cross country events. Situated in beautiful Verona, Kentucky at the newly built Walton-Verona Athletic Complex, this meet is conveniently located about 30 miles south of Cincinnati. The Walton-Verona Invitational offers several exciting race elements such as a creek crossing, and miles of woods. This will be our 15<sup>th</sup> year hosting our invitational (formerly at Big Bone State Park) in which we have regularly had annual competition from over 20 teams from Kentucky, Ohio and Indiana in varsity, jv and middle school races.

RACE	TIME	DISTANCE	INDIV. MEDALS	TEAM TROPH.	MAX. RUNNERS	COST
M.S. Girls	9:00	3000 m	20	1 <sup>st</sup> , 2 <sup>nd</sup>	Unlimited	\$25/team
M.S. Boys	9:30	3000 m	20	1 <sup>st</sup> , 2 <sup>nd</sup>	Unlimited	\$25/team
J.V. Girls	10:00	5000 m	15	1 <sup>st</sup> , 2 <sup>nd</sup>	10	\$35/team
J.V. Boys	10:40	5000 m	15	1 <sup>st</sup> , 2 <sup>nd</sup>	10	\$35/team
Var Girls	11:20	5000 m	20	1 <sup>st</sup> , 2 <sup>nd</sup>	7	\$55/team
Varsity Boys	12:00	5000 m	20	1 <sup>st</sup> , 2 <sup>nd</sup> ,	7	\$55/team

Team awards can be picked up after results are posted. Individual medals handed out in chute. \$5.00 per individual for any race. You may not have more than 4 "individuals" in any limited race. Top 7 in varsity and top 10 in JV must be designated as team A. Extra teams will be designated B, C and so on and will be charged separate entry fees.

No one will be permitted to run in more than one race at the Walton-Verona Invitational.

***Concessions and T-Shirts will be available. All athletes will receive complementary water after the race. There will be a nominal parking fee for non-school bus vehicles.***

**Entry Deadline: Sept. 23 2010** Phone: 859-485-7721 (w)  
 Send To: WVHS/Michelle Gregg 859-496-1695 (h)  
 30 School Rd. Fax: 859-485-7739  
 Walton, KY 41094

**Directions from the North:**  
 I-75 south. Merge onto I-71  
 toward Louisville. Go approx 3 mi.  
 Take 1<sup>st</sup> exit (Verona). Go left.  
 approx. 0.1 Mile. Make left  
 at Rice Auto body Shop.

email: michelle.gregg@wv.kyschools.us  
 Or randysmithrandysmith2004@yahoo.com

***Entry Form For 2010***

***Walton-Verona Cross Country Invitational***

We are using the Hy-Tek system for computing our results. Therefore it is necessary for coaches to supply us with the following information. List any person who could compete. There is no need to list each runner's race. You will also need to check the lines (in the grid below) in which races you will have participants.



