2011 Lincoln Relays Track Meet

Larue County High School



This year, the Lincoln Relays will feature the following events:
DMR (1200-400-800-1600)
SMR (100-100-200-400)
400H
1500m
4x100
300m
800m
5000m
4x400
Plus all field events, including pole vault.
Also, new this year, we will have a pentathlon, consisting of LJ, Shot, HJ, 200m & 800m.

We'll begin the meet at 10:00 AM Eastern Time.
There will be **no entry fee**, and **unlimited entries** in all events (try to keep the 5K reasonable, to ensure good competition).

Coaches will be asked to help with timing and with field events.

Admission is $3, and we will have our world-famous concession stand working all day.

Send a Hy-Tek roster to Jeremy.blair@larue.kyschools.us by Friday, March 18.