NEWPORT WILDCAT

TRACK AND FIELD

***RIVER CITY CLASSIC INVITATIONAL***

**DATE:** Saturday, April 23rd, 2011

**TIME:** 10:00 A.M (Coaches Meeting @ 9:30 at the finish line)

**ENTRY FEE:** $70 per Individual Team or $120 for both boys and girls teams. For teams with 6 or less participants, $5 per athlete.

**WORKERS:** Will be supplied by Newport High School and its volunteers

**PARTICIPANTS:** Only those schools invited will be able to participate in the track meet. Invited schools are to be announced.

**ENTRIES:** Only 2 athletes per event and 1 relay team per event. Send entries using hy-tek to Rose Dietrich @ RoseZac727@aol.com

 ***If you want more than 2 athletes or more than 1 team per event, you may pay an additional $15 dollars per athlete competing in event.***

**ENTRY DEADLINE**: April 20, 2011 (If something changes in your line up or participants please contact me)

**Awards:** Medals will be awarded for the first three places and ribbons for fourth through sixth places. We will give winner and runner-up trophies for boys and girls team. We will also give plaques to the outstanding performer for the best boy and girl athlete of the day. Awards will be determined by a coaches vote and points earned by participant. In order to be eligible for the award, the athlete must compete in a minimum of two events and have medaled in both. **Scoring** 10-8-6-4-2-1 Ties will split points.

**RUNNING EVENTS:** Running events scheduled to start at 10 am sharp and will be run first by the girl athletes with the boys following:

4X800 Meter Relay

110 Meter High Hurdles (33in. Girls / 39in. Boys)

100 Meter Dash

**RUNNING EVENTS *cont:***

4X200 Meter Relay

1600 Meter Run

4X100 Meter Relay

400 Meter Dash

300 Meter Intermediate Hurdles (30in Girls / 36in Boys)

800 Meter Run

200 Meter Dash

3200 Meter Run

4X400 Meter Relay

**FIELD EVENTS:** Field athletes will begin reporting to designated areas at 11am. Events include, shot, discus, long jump, high jump, triple jump and the turbo javelin. Each athlete will get 4 attempts, there will be no final. Pole Vault will not be contested at this meet.

11:00 Girls Discus – Boys to follow – followed by Girls Turbo Javelin – Boys to follow.

11:00 Boys Shot Put – Girls to follow

11:00 Girls High Jump – Boys to follow

11:00 Boys Long Jump – Girls to follow – followed by Boys Triple Jump – Girls to follow.

We hope to see you on April 23rd. Entry fee for this meet is $70 per team or $120 for both squads. Hy-Tek entries are due by 3:00 p.m. on Wed. April 20th to Rose Dietrich @ RoseZac727@aol.com E-mail any questions to me at richard.honaker@newport.kyschools.us Checks can be mailed to our AD at the address below.

Please mail checks to:

 Newport high School

C/O Nick Rice, AD

Newport High School

 900 East 6th Street

 Newport, Ky. 41071

If you have any questions please call me at 859-496-7811

Good luck in 2011,

Rick Honaker

Newport Head Track Coach

**River City Classic**

Return form. Please check the events in which you will participate.

**To be returned with payment of entry fee.**

Individual Events – Max of 2 athletes per team / Relays 1team

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| --- | --- | --- | --- |
| **Running Events** | **Boys** | **Girls** | **# of Participants** |
| 4X800 Meter Relay |  |  |  |
| 110 Meter High Hurdles  |  |  |  |
| 100 Meter Dash |  |  |  |
| 4X200 Meter Relay |  |  |  |
| 1600 Meter Run |  |  |  |
| 4X100 Meter Relay |  |  |  |
| 400 Meter Dash |  |  |  |
| 300 Meter Hurdles  |  |  |  |
| 800 Meter Run |  |  |  |
| 200 Meter Dash |  |  |  |
| 3200 Meter Run |  |  |  |
| 4X400 Meter Relay |  |  |  |
|  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Field Events** | **Boys**  | **Girls** | **# of Participants** |
| Discus |  |  |  |
| Turbo Javelin |  |  |  |
| Shot Put |  |  |  |
| High Jump |  |  |  |
| Long Jump |  |  |  |
| Triple Jump |  |  |  |

Please check all that Apply. If you are bringing both teams please only check *both.* Please return with payment.

Name of Competing School

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Boys Team - $70 \_\_\_\_\_\_\_\_\_\_ Girls Team - $70 \_\_\_\_\_\_\_\_\_\_ Both - $120 \_\_\_\_\_\_\_\_\_\_

 Individual Participants - $10 per athlete \_\_\_\_\_\_\_\_\_\_ Number of athletes competing \_\_\_\_\_\_\_\_\_\_