Walton-Verona Cross Country Invitational

Saturday, October 1, 2011

At the Walton-Verona Athletic Complex

Walton-Verona High School proudly extends this invitation to compete in what is sure to be one of the tri state area’s most anticipated cross country events. Situated in beautiful Verona, Kentucky at the newly built Walton-Verona Athletic Complex, this meet is conveniently located about 25 miles south of Cincinnati. This will be the fourth invitational held at our new facility. This will be our 15th year hosting an invitational (formerly at Big Bone Lick State Park) in which we have regularly had annual competition from over 20 teams from Kentucky, Ohio and Indiana in Varsity, JV and Middle School races.

Coaches meeting 8:15 at the starting line

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| --- | --- | --- | --- | --- | --- | --- |
| RACE | RACE TIME | DISTANCE | INDIVIDUAL MEDALS | TEAM TROPHIES | MAXIMUM RUNNERS | COST |
| JV Girls | 8:30 | 5000M | 15 | 1st, 2nd | 10 | $40/team  $7 individual |
| JV Boys | 9:15 | 5000M | 15 | 1st,2nd | 10 | $40/team $7individual |
| Varsity Girls | 10:00 | 5000M | 20 | 1st,2nd,3rd | 7 | $50/team  $10 individual |
| Varsity Boys | 10:45 | 5000M | 20 | 1st,2nd,3rd | 7 | $50/team  $10 individual |
| MS Girls | 11:30 | 3000M | 20 | 1st, 2nd | Unlimited | $35/team $5 individual |
| MS Boys | 12:00 | 3000M | 20 | 1st, 2nd | Unlimited | $35/team $5 individual |
| Elementary Girls and Boys | 12:30 | 2000M | 20 | 1st,2nd | Unlimited | $30/team  $5 individual |
|  |  |  |  |  |  |  |

Team award can be picked up after results are posted. Individual medals handed out in chute. Individual awards based on number of entries. $7.00 per individual for any race. You may not have more than 4 “individuals” in any limited race. Top 7 in varsity and top 10 in JV must be designate as team A. Extra teams will be designated B, C and so on and will be charged separate entry fees. Individual awards based on number of entries.

Middle School race grades 7-8

Elementary races 6th grade and under

No one will be permitted to run in more than one race at the Walton-Verona Invitational.

**Concessions and T-Shirts will be available. All athletes will receive complimentary water after the race. There will be $5.00 parking fee.**

**Entry Deadline: September 27, 2011**

**Please make checks payable to *Walton-Verona High School***

**Send entry fee to:**

**Coach Michelle Gregg**

**Walton-Verona High School**

**32 School Rd.**

**Walton, KY 41094**

**Phone 859-466-1087**

**Email:** [**michelle.gregg@wv.kyschools.us**](mailto:michelle.gregg@wv.kyschools.us)

[**randysmithrandysmith2004@yahoo.com**](mailto:randysmithrandysmith2004@yahoo.com)

**Directions from the North:**

**I-75 South merge onto I-71 toward Louisville. Go approximately 3 miles. Take 1st exit (Verona). Turn Left approximately 0.1 mile. Make left turn at Rice Auto Body Shop.**